

# Action Hope Malawi

P.O Box 20, Namadzi, Malawi.  
Cell: +265 999278780/ 888566666  
Email: [info@actionhopemw.org](mailto:info@actionhopemw.org)  
[actionhopemalawi@gmail.com](mailto:actionhopemalawi@gmail.com)  
[https:// www.actionhopemw.org](https://www.actionhopemw.org)  
"Improving quality of life"



## Liviness: Standing for Women and Protecting Girls in Jali



Liviness (34) is one of Action Hope Malawi's dedicated peer educators from Jali area in Zomba District. She has served as a peer educator for over four years, working closely with Action Hope Malawi to support female sex workers and protect underage girls from exploitation.

Over the years, Liviness has supported Action Hope Malawi in collecting data on female sex workers, providing referrals to essential services, and tracking underage girls found in hotspots, ensuring they are linked to Action Hope Malawi and other relevant duty bearers for protection and support.

# Action Hope Malawi

P.O Box 20, Namadzi, Malawi.  
Cell: +265 999278780/ 888566666  
Email: [info@actionhopemw.org](mailto:info@actionhopemw.org)  
[actionhopemalawi@gmail.com](mailto:actionhopemalawi@gmail.com)  
[https:// www.actionhopemw.org](https://www.actionhopemw.org)  
"Improving quality of life"



*"I am in this for the love I have for women and the desire to ensure underage girls are not involved in prostitution so they can finish their education,"* says Liviness while speaking with Phillip from Action Hope Malawi.

## **Empowering Female Sex Workers Through Health and Knowledge**

Under the HIV/AIDS Prevention, Resilience and Wellbeing Programme, supported by CISU through AIDS Fondet, Action Hope Malawi has empowered female sex workers to take control of their lives—particularly their health, safety, and economic wellbeing.

Through this programme, female sex workers have been linked directly to health services via outreach initiatives conducted right at their hotspots. These services included HIV testing and STI screening, reducing barriers to access and encouraging timely health-seeking behaviour.

## **Strengthening Safety Through Male Champions**

To further enhance safety, the programme introduced male champions who serve as first responders to incidents at hotspots. These champions—drawn from within the community—include pool token masters, motorcycle operators, bar owners, and other key influencers.

Their involvement has greatly reduced response time to emergencies and eased long-standing challenges female sex workers previously faced, particularly related to violence and exploitation.

## **Economic Empowerment Beyond Sex Work**

In addition to health and safety interventions, female sex workers have been trained in vocational skills, including baking and salon services, among others. These skills have opened alternative income streams and reduced overreliance on sex work.

*"I currently don't fully rely on sex work because I have another income-generating activity,"* says Liviness.

# Action Hope Malawi

P.O Box 20, Namadzi, Malawi.  
Cell: +265 999278780/ 888566666  
Email: [info@actionhopemw.org](mailto:info@actionhopemw.org)  
[actionhopemalawi@gmail.com](mailto:actionhopemalawi@gmail.com)  
[https:// www.actionhopemw.org](https://www.actionhopemw.org)  
"Improving quality of life"



Liviness explains that many violence cases among female sex workers were previously caused by competition for clients driven by poverty. With the introduction of income-generating activities, such incidents have significantly reduced, improving both safety and dignity among the women.



## ***A Voice of Change in the Community***

Through her dedication, Liviness continues to be a trusted voice in Jali—bridging communities, protecting vulnerable girls, and empowering women to make informed choices about their lives. Her work demonstrates how community-led solutions, when combined with health services and economic empowerment, can create lasting change.

*For Liviness, being a peer educator is more than a role—it is a commitment to ensuring women live healthier, safer, and more hopeful lives.*